



At Little Dish, we believe in the power of real food to build a healthier, happier, more adventurous child filled with the right energy to fully discover the world around them. It's why I started Little Dish fifteen years ago and why, today, every one of our meals comes with a fun activity printed inside, carefully crafted to encourage mental and physical development in your little ones.

Why not join our family of real food lovers today at www.littledish.co.uk to receive a welcome pack filled with activities and other goodies? The perfect way to keep little minds and bodies active and help them learn about healthy eating.





## 'Join the Family!'

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